



CSO Examination Content Outline

1	Cancer and Cancer Treatment	26
A	Cancer Diagnosis and Staging	
B	Cancer Treatment Modalities	
C	Disease-Related Side Effects	
D	Treatment-Related Side Effects	
2	Nutrition Assessment	42
A	Screening and Assessment Tools	
B	Medical and Treatment History	
C	Anthropometrics, Diet, and Lifestyle History	
D	Cultural, Psychosocial, and Socioeconomic Factors	
E	Diagnostic and Laboratory Testing	
F	Medications and Supplementation	
G	Nutritional Needs of Patients	
3	Nutrition Interventions	35
A	Diet Modification	
B	Nutrients and Supplementation	
C	Nutrition Support	
D	Pharmacological Interventions	
E	Referrals and Coordination of Care	
F	Monitoring and Evaluation of Outcomes	
4	Education and Counseling	22
A	Side Effect Management	
B	Food Safety Guidelines and Practices	
C	Complementary and Alternative Nutrition Therapies	
D	Palliative and End-of-life Care	
E	Prevention and Survivorship	



Secondary Classifications-Tasks

1. Perform and evaluate results of nutrition screening to prioritize patient care
2. Assess patient history, medications, test results, and physical findings
3. Determine how specific types of cancer, cancer stages or hematological conditions, and cancer treatment might impact nutrition
4. Identify and evaluate signs and symptoms of nutrition-related comorbidities of cancer and hematological conditions
5. Identify and evaluate potential effects of treatment
6. Review and consider available patient status and tolerance measures (i.e., ECOG, NCI CTC)
7. Diagnose nutrition-related problems
8. Identify and diagnose malnutrition using evidence-based methods (i.e., nutrition focused physical exam)
9. Develop nutrition care goals, plans, and nutrition recommendations
10. Provide individualized patient education and counseling
11. Implement nutrition-related interventions
12. Educate on food safety guidelines and safe food-handling practices
13. Identify and evaluate patient response to interventions and modify nutrition care plan as needed
14. Identify and evaluate nutrition issues across the cancer care continuum, including prevention, survivorship, and end-of-life care
15. Manage and educate on latent effects of cancer treatment that impact nutrition status, growth, and chronic disease
16. Coordinate care with interdisciplinary team while advocating for role of oncology dietitian
17. Provide group-based education such as classes/lectures, support groups, and community outreach programs
18. Coordinate the care, use, and diet modifications for devices(e.g., stents, tubes) and equipment for treatment or palliation
19. Provide guidance on benefits and risks of integrative medicine, complementary treatments, and alternative therapies
20. Develop measurable outcomes to determine effectiveness of nutrition interventions throughout the continuum of cancer care